

DRY BLOOD SPOT SPECIMEN COLLECTION INSTRUCTIONS

1. Clearly label the 903 Protein Saver card with Patient ID and Date.
2. Disinfect fingertip with alcohol pad.
3. Prick fingertip using lancet/needle.
4. Allow full drop of blood to collect on finger. Use cotton to wipe this drop.
5. Collect the remaining drops of blood onto 903 Protein Saver card. Try to collect 5 full drops of blood. (Drop of blood should fully form before dropping into filter paper).
6. Hold cotton on fingertip until bleeding stops.
7. Allow filter paper to dry before placing card in a plastic bag. Card needs to dry for at least 4 hours.
8. Once dried, place Protein Saver card in a sealed plastic bag with desiccant packet.
9. Fill out requisition form completely and place it back in the outside pouch of the specimen bag. The name on protein saver card should match the name on the form. Place specimen bag into the enclosed envelope. Please mail envelope within 24hrs after specimen collection.

